

A COMPARATIVE STUDY ON SELF-ESTEEM ACROSS PERSONAL VARIABLES

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ABSTRACT

Self-esteem can be defined as an individual's attitude about him or herself, involving self-evaluation along a positive- negative dimension. Most generally self-esteem refers to an individual's over all positive evaluation to the self. The study was conducted in Hisar District of Haryana state. All the adolescents studying in 9th and 10th standard falling in the age group 15 – 16 years were included in the sample for the study. Self-esteem was taken as dependent variable. Self-Esteem was assessed by Rosenberg's Self-Esteem Scale (RSES) by Rosenberg's (1989). Independent variable was personal variables which included adolescent personal variables. Result revealed that significant difference was found in self- esteem scores when compared against sex. Females scored significantly higher mean scores against males with regard to self-esteem. This means that females tend to have higher self- esteem and had more positive assessments of their physical characteristics and intellectual abilities than boys have. Surprisingly non-significant differences were obtained in self-esteem mean scores when compared against residential area and academic class. This reflects that residential area and academic class make no significant differences in the scores of self-esteem of adolescents. Result further reflects that significant differences in self-esteem of adolescents across different categories of academic achievement.

KEYWORDS: Adolescents, self-esteem, positive evaluation, academic achievement and Parental relationship